

Jhanee Copeland
515 Mullica Hill Road
Glassboro, NJ 08028
732-331-9034
copelandj8@students.rowan.edu

SUMMARY OF QUALIFICATIONS

Experienced in creating and implementing exercise prescriptions, injury prevention programs, health and fitness assessments, counseling and behavior strategies for all populations.

EDUCATION

Rowan University
Bachelor of Arts: Health Promotion and Wellness Management
GPA 3.4

Glassboro, NJ
May 2020

COMPUTER SKILLS

Microsoft Powerpoint	Microsoft Publisher	Microsoft OneDrive
Microsoft Word	WordPerfect	Microsoft Sharepoint
Microsoft Excel	Microsoft Outlook	Microsoft Access

COURSE HIGHLIGHTS

Anatomy and Physiology I & II, Basic Nutrition, Health Behavior Theory/Practice, Kinesiology, Program Planning/Leadership, Health and Diverse Populations, Exercise Prescription, Spanish I & II

CERTIFICATIONS

First Aid/AED and CPR, American Red Cross

RELATED PROFESSIONAL EXPERIENCE

Vocational Support Professional

Friends of Cyrus, Delanco, NJ

September 2017- January 2019

- Assisted developmentally disabled adults with ADL's
- Provided vocational, community based supports, and job coaching

Community Support Professional

Dungarvin, Willingboro, NJ

September 2017 - May 2018

- Aided developmentally disabled adults in meeting physical and personal management needs
- Provided supports and interventions to the unique needs of the individuals

ACTIVITIES

Volunteer, Burlington Soup Kitchen
Volunteer, Catholic Charities
Volunteer, Habitat For Humanity
Get Fit, Rowan University

